



LIFECORE

notes



PERSONAL & PROFESSIONAL
DEVELOPMENT
BY **LIFECORE**

PROFESSIONAL



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Harmony in life requires a fine balance and alignment between the personal and professional fields. Competencies and skills are necessary to maintain productivity and growth.

This program focuses on expanding and evolving the overall culture of the business with behaviour support including:

- Attitude
- Balance
- Communication
- Leadership
- Purpose
- Learning strategies and support

Work

Mental health
10.0%

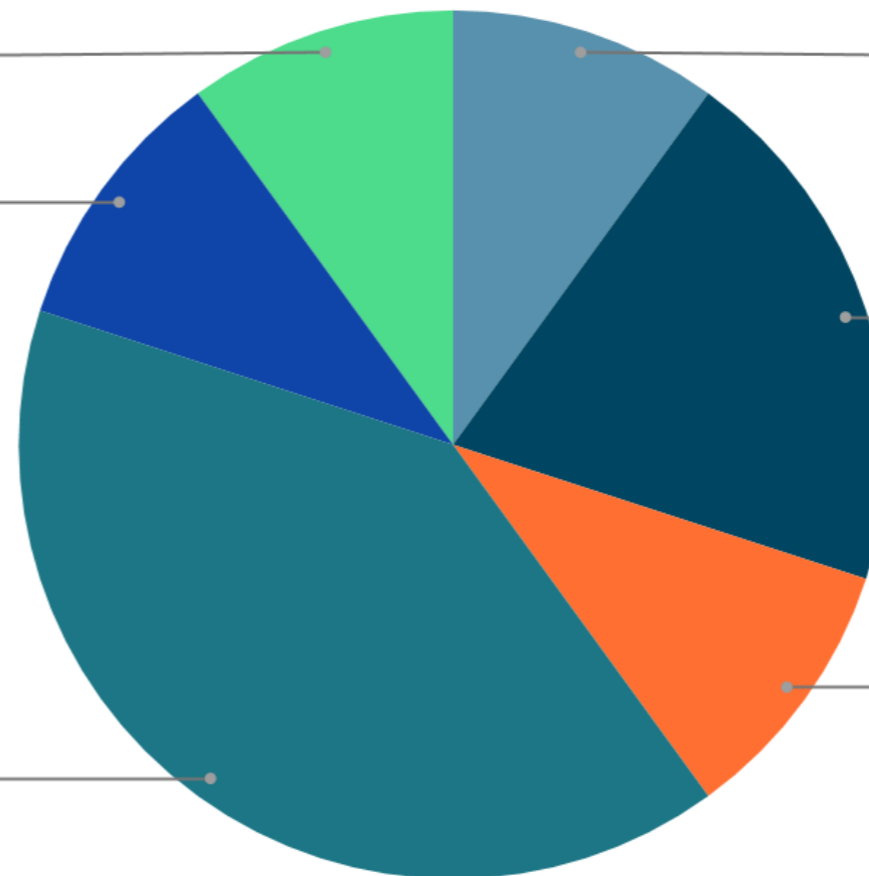
Support
10.0%

Responsibilities
40.0%

Opportunity
10.0%

Culture
20.0%

Team work
10.0%



PERSONAL



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Our personal life also requires attention and effort. This can't be ignored as by doing so, it will create a domino effect towards our professional lives and vice versa. In today's business generation, well-being systems are not only real but necessary. The success of a person, a team, and the business itself, requires vision, mission, and commitment.

This program will focus on:

- Personal & Professional Alignment
- Impact & Consequences
- Leadership Alignment
- Communication & Support Systems
- Decision Making

To learn more about our programs, please visit us at: www.lifecore.ca

For additional information including program demonstrations, please contact us at: info@lifecore.ca or (416) 888-4740

Home

Traditions

10.0%

Responsibilities

20.0%

Health

10.0%

Relationships

10.0%

Finances

30.0%

Habits

20.0%

